

**Annual Report on Comprehensive Counselling and Guidance Programme
(Academic Session 2022-23)**

Early identification of physical as well as psychological health issues, timely intervention and adoption of preventive strategies can essentially promote psychological wellbeing in society. **Schools and family** are important **social units** which anchor the health and wellbeing. Schools have the prime responsibility to promote and optimize the physical, social and also the mental health of students. The emerging challenges have necessitated that the schools also shift the focus to the psychosocial needs of students and take care of the overall wellbeing.

Our **Comprehensive Counselling and Guidance Programme** of our school aims to flourish the **educational journey**, promote **holistic development**, develop **resilience against adversity** as well as resolve their concerns before those can snow-ball into serious psychological problems. It essentially covers the **following aspects**

- Personality Development
- Promotion of life skills and creative abilities
- Stress Management
- Relationships with family and friends
- Prevention of Bullying
- Overcoming negative emotions
- Optimization of productivity and wellbeing
- Handling attachments without affecting academics and wellbeing

ONE TO ONE COUNSELLING**IA. Students and Parents**

During this academic session **counselling** services have been **provided** (to students and parents) on a one to one basis in order to address their challenges (behavioural/academic/emotional etc.) in adapting to the pandemic linked situations. Adequate number of **follow-up** sessions was conducted online depending upon the **nature of problem**. The **record** of those sessions were **maintained** in soft /hard copy. The sessions have been conducted by Counsellor, School Doctor and Special Educator

Sample : Record of one to one sessions

Date of counselling	Detail of the student	Time of the session	Details of the session	Date of counselling	Detail of the student	Time of the session	Details of the session
29 th Oct '22	[REDACTED]	11:00 to 12:15	Presenting Complaints <ul style="list-style-type: none"> • Extreme deterioration in academics • Sleep at home for several hours • Hurt himself. Locked at home in his room while studying / sleeping • Demands mobile all the time • Behaves aggressively with parents • Sleeps in College and tells parents that he is studying online Intervention Taken: <ul style="list-style-type: none"> → Proper method of self study was explained to the student → The limitations of online & classes were also explained → Parents were advised to get him checked by a doctor for his study & sleeping problem → Student / parents were explained about the side effects of steroids 	21.1.2023	[REDACTED]	10:30 to 11:00 AM	Parents complaints <ul style="list-style-type: none"> • Cannot concentrate for writing, poor recalling of shapes of alphabets • Struggles to complete the work, does not follow lines format, alignment, direction • Like may start writing from right side of the page. Speech is not clear for 'c', 's', 'a', 't'. Suggestion: <ul style="list-style-type: none"> • Writing practice in bigger space like date, broad lines • Different features with capital letters only till she remembers and is able to write from her memory • Speech therapy
						11:00 to 11:30	Parents complaints <ul style="list-style-type: none"> • Likes to play with fire. Becomes like to write. Becomes like to complete homework given by subject teachers and other teachers.

Table 1: Represents the major categories of problems observed in the cases referred for counselling during the academic session 2022-23

Nature of problems observed as per the cases referred to the counsellor			
Sl.No	Senior Wing	Middle Wing	Primary & Pre-primary Wing
01.	Mobile game /Internet Addiction	Lack of academic interest and attention	Lack of concentration and academic motivation
02.	Poor attention span /Low academic motivation	Addiction to gaming and mobile phones	Excessive screen-time (television and mobile phone)
03.	Special attachment : feelings of insecurity , anxiety , depression	Emotional problems typically associated with adolescence.	Emotional and behaviour problems
04.	Conflict with parents and behaviour problems at home	Challenges encountered by differently abled in adjusting to this new mode of teaching-learning	Lack of study habits and declined interest in academics
05.	Inability to utilize time properly		
06.	Adjusting back to offline mode of schooling		

IB. Teaching and Other Staff Members

During this academic session, **few teachers** approached the counsellor **seeking assistance** for effectively managing their **professional challenges** and thereby **improving the performance** of their students being counselled by them. Counselling services were also rendered to such professionals as and when required.

Table 2: represents total number of students/teachers/parents consulted by the Counsellor and Special Educator to seek assistance in guiding their students during the online academic session 2022-23

	Preprimary Wing	Primary Wing	Middle Wing	Senior Wing	Month
No. of teachers	02	03	08	06	March
	02	04	08	08	April
	02	04	03	03	May
	02	04	03	03	June
	02	04	03	03	July
	03	14	16	08	August
	02	14	14	08	September
	01	08	14	21	October
	02	08	14	11	November
	04	10	14	22	December
	04	10	06	07	January
		-	-	06	February

GROUP / MASS COUNSELLING

II. A Session for students

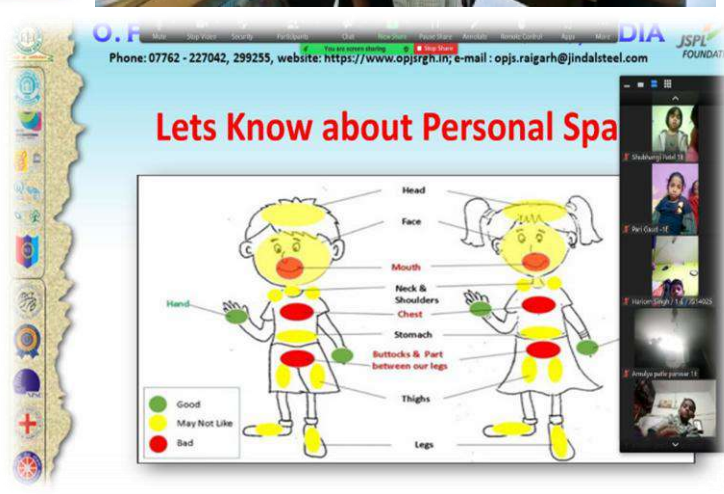
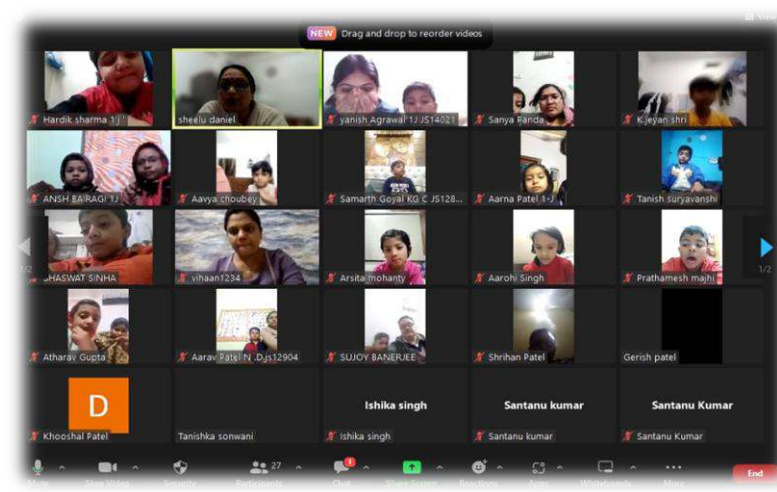
During the academic session 2022-23, **38 guidance programmes** were conducted to facilitate academic development, improve the emotional /social well-being of students. In addition to that, special **counselling sessions** were also conducted by our **Principal sir** focusing upon the code of conduct, self discipline, time management , self study habits & preparation for Board /Competitive examinations.

The table 3 (A B C & D) presented below provides comprehensive report of the guidance sessions conducted during the academic session 2022-23).

3 A Pre Primary Wing

Serial Number	Date	Classes	Conducted by	Topic of session activity	No. of participants
01	11.03.22	Nursery – II	Mother Teachers under the guidance of Sr. Mistress /Counsellor	Gadget Safety	Nearly 1200
02	12.04.22	Nursery –II	Mother Teachers under the guidance of Sr. Mistress /Counsellor	Good Behaviour	Nearly 1200
03	22.06.22	Nursery - II	Mother Teachers under the guidance of Sr. Mistress /Counsellor	Fire Safety	Nearly 1200
04	18.07.22	Nursery - II	Mother Teachers under the guidance of Sr. Mistress /Counsellor	Good Health Practices	Nearly 1200
05	31.10.22	Nursery - II	Mother Teachers under the guidance of Sr. Mistress /Counsellor	Road Safety	Nearly 1200
06	07.12.22	Mother Teachers PPW	Sr. Mistress /Counsellor	Training : Conducting the session on Safe and Unsafe Touch	Nearly 1200

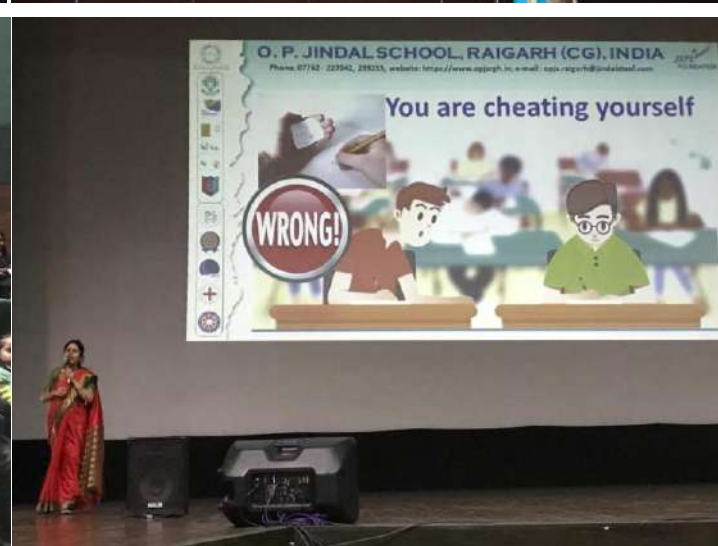


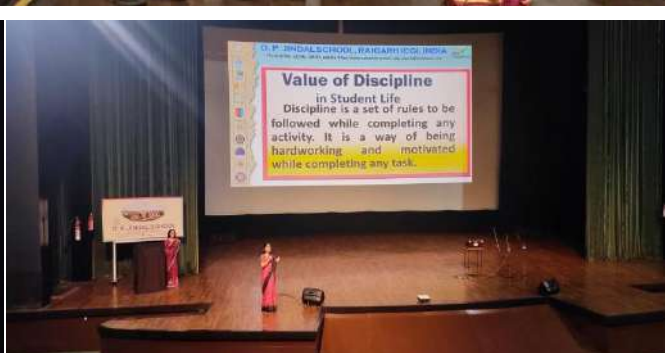
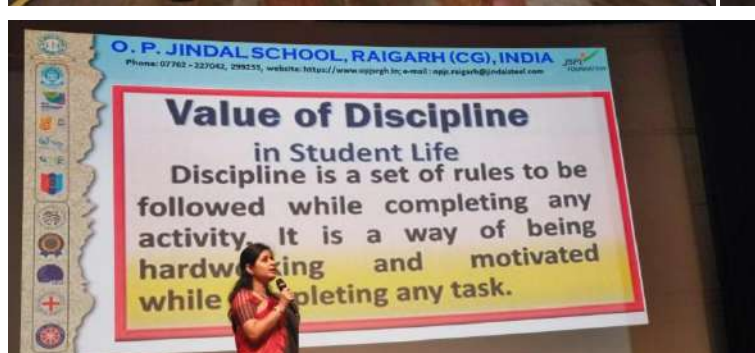
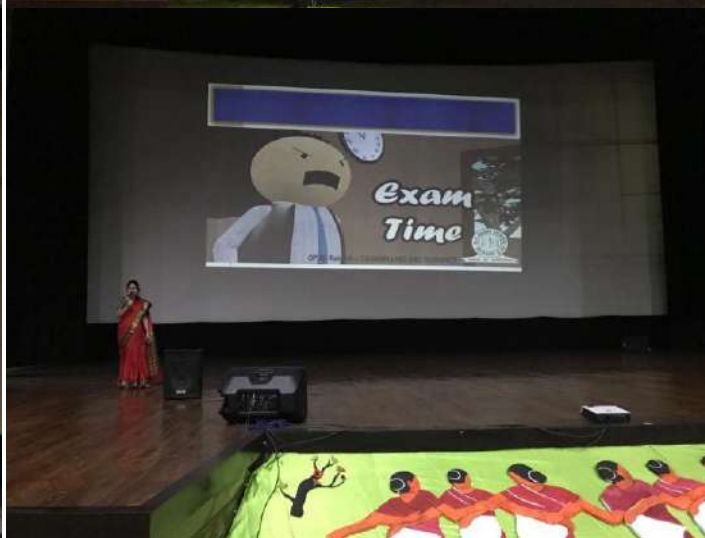




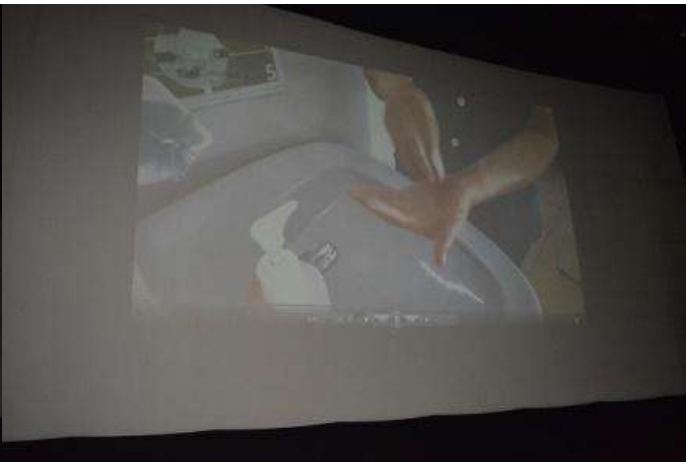
3 B Primary Wing

Serial Number	Date	Classes	Conducted by	Topic of session /counselling video/ activity	No. of participants
01	23/03/22	Class IV A (class based session)	Counsellor	<ul style="list-style-type: none"> Taking care of differently abled class mates 	40
02	25/03/22	Classes III-V	Counsellor /School Doctor	<ul style="list-style-type: none"> Healthy Lifestyle for Summer Self Discipline 	1350
03	07/04/22	Classes III-V	Guest Doctor	<ul style="list-style-type: none"> Oral Health Education 	1340
04	26/07/22	Class V	Trainee Counsellor under the guidance of School Counsellor	<ul style="list-style-type: none"> Pubertal Changes (for boys) Menstrual Hygiene (for girls) 	460
05	21/11/22	Classes II-V	School Counsellor	<ul style="list-style-type: none"> Personal Body Safety Safe and Unsafe Touch Steps to handle such situations 	1750
06	12.01.23	Classes III-V	Counsellor	<ul style="list-style-type: none"> Strategies to prepare for examination 	1350











O. P. JINDAL SCHOOL, RAIGARH (CG) 496 001, INDIA
Phone: 07762-227042, 209256, JSPL ICM No. 43632, 43635 website: <https://www.opjshs.in> e-mail: opjshs@indiatel.com
31.04.2022

World Health Day (Programme List- Primary Wing)
07.04.2022

- 1) Fit with Yoga- MJG
- 2) Class Assembly (VA)- NS
 - Thought
 - Speech
 - Poem
- 3) Presentation on 'Oral Hygiene' and Interactive Session (Guest Doctor)
- 4) Speech by Principal
- 5) Banner- SDB
- 6) Display Board- RC, MHN
- 7) Welcome cards (02)- KK, RC
- 8) Report Preparation- SWJ

Classroom Activities

- 9) Class 3- Handwashing Activity
- 10) Class 4- Poster Making on 'Healthy vs Unhealthy Food'
- 11) Class 5- Group Discussion on 'Healthy Food for a Healthy Life'

R. K. Trivedi
R. K. Trivedi
Principal

Preeti Kalita Acharya
Preeti Kalita Acharya
Coordinator (PW)

**O P Jindal School
Raigarh**

Good health is like a precious gift given to us by God, and we should never ignore it.

**OUR PLANET,
OUR HEALTH**

**WORLD
HEALTH DAY**

**World Health Day Celebration
Primary Wing**

**Interactive Session
& Group Discussion**





3 C Middle Wing

Serial Number	Date	Classes	Conducted by	Topic of session /counselling video/ activity	No. of participants
01	21/03/22	Classes VI- VIII	Principal Sir Sr. Mistress MW	<ul style="list-style-type: none"> Welcome back to School Skill Development Programmes 	1400
02	27/03/22	Class VI A (class based session)	Counsellor	<ul style="list-style-type: none"> Taking care of differently abled class mates 	44
03	19/04/22	Classes VI- VII	School Doctor Counsellor	<ul style="list-style-type: none"> Part 01:Being healthy & Fit Part 02 : Psychological Wellbeing 	900
04	20/04/22	Class VIII	School Doctor Counsellor	<ul style="list-style-type: none"> Part 01:Being healthy & Fit Part 02 : Psychological Wellbeing 	440
05	26/07/22	Classes VI and VII	Trainee under the guidance of School	<ul style="list-style-type: none"> Pubertal Changes (for boys) 	910

			Counsellor	<ul style="list-style-type: none"> Menstrual Hygiene(for girls) 	
06	29/07/22	Classes VI- VIII	Trainee Counsellor under the guidance of School Counsellor	<ul style="list-style-type: none"> Say No to Bullying 	1390
07	23/08/22	Classes VI and VIII	Science Teachers under the guidance of Mr. Sukant Roy (Career Coach)	<ul style="list-style-type: none"> Careers in Engineering 	1410
08	29/09/22	Classes VI- VIII	School Doctor	<ul style="list-style-type: none"> Awareness on Dengue Fever 	1400
09	29/11/22	Classes VI- VIII	Class Teachers under the guidance of Mr.Sukant Roy	<ul style="list-style-type: none"> Career Education 	1395





Programme of the day COUNSELLING SESSION

Date – 19.04.2022

Classes – VI & VII

Venue - Auditorium

Time – 09:30 AM to 10:30 AM

Responsibility - MTR, SBN, STs

**Organised by -
Health & Wellness Club**

Note –Students must reach the auditorium immediately after recess under the supervision of their Subject Teacher. (4th period)

**Leena Chacko
Vice-Principal**

Programme of the day Counselling Session

Date : 20/04/2022

Class : VIII

Time : 09:30 AM to
10:30 AM

Venue : Auditorium

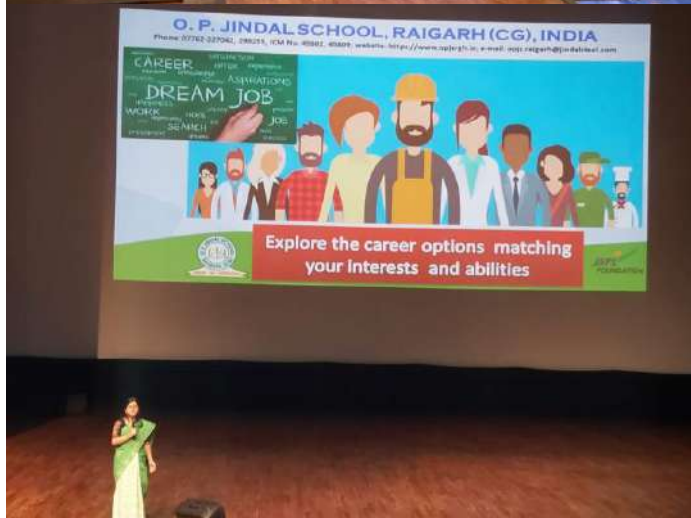
Responsibility : MTR, SBN, STs

**Organised by -
Health & Wellness Club**

Note –Students must reach the auditorium immediately after recess under the supervision of their Subject Teacher. (4th period)

**Leena Chacko
Vice-Principal**





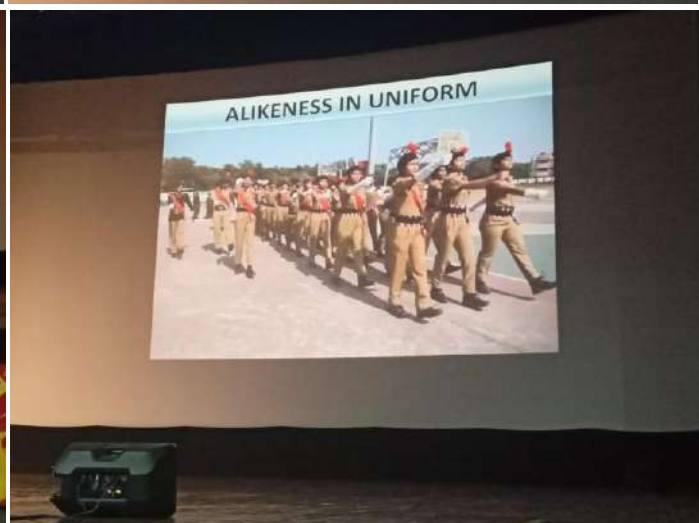


3 D Senior Wing

Serial Number	Date	Classes	Conducted by	Topic of session /post counselling activity	No. of participants
01.	21/03/22	Classes IX & X	Principal Sir	<ul style="list-style-type: none"> Welcome back to School Rules /Regulations to be followed 	850
02	05/04/22	Classes IX X & XII	Principal Sir	Career Education & Guidance	1280
03	12 /07/22	Classes IX and X	Class Teachers under the guidance of Mrs. Usha Vani (Career Counsellor)	Career Guidance	860
04	20/07/22	Classes IX and X	Principal sir	Academic Skill Development Career Planning	860
05	26/07/22	Classes XI and XII	Class Teachers under the guidance of Mrs. Usha Vani (Career Counsellor)	Stream Based Career Guidance	760
05	10.08.22	Classes XI and XII PCM Group	Principal sir	Career Options and stream based entrance examinations	276
06	12/08/22	Classes XI and XII Commerce and Humanities	Principal sir	Career Options and stream based entrance examinations	330

		Group			
07	13/08/22	Classes XI and XII PCM/B Group	Principal sir	Career Options and stream based entrance examinations	480
08	19 /08/22	Classes IX-XII	Class Teachers under the guidance of Mr.S. Shreejit (Senior Teacher Computer Dept.)	Cyber Predators	1680
09	26/08/22	Classes IX-XII	Class Teachers under the guidance of Mr.S. Shreejit (Senior Teacher Computer Dept.)	Identity Theft	1685
10	24/09/22	Classes XI and XII	Principal Sir	Academic Motivation	800
11	26/09/22	Classes XI and XII	Vice Principal	Awareness Programme on Sexual Harassment	750
12	11/10/22	Classes XI and XII	Cyber Security Cell Raigarh Police Department	<ul style="list-style-type: none"> • Cyber Threats • Guidelines to maintain cyber security 	790
13	11/10/22	Classes IX and X Boys / Girls	Principal Sir Biology Teacher School Doctor	<ul style="list-style-type: none"> • Concerns and Challenges during adolescence (for Boys) • Menstrual Hygiene (Girls) 	800
14	15/10/22	Classes IX-XII	External Resource Persons	<ul style="list-style-type: none"> • Career Guidance 	1670
15	31/10/22	Classes X XI and XII	Principal sir	<ul style="list-style-type: none"> • School Rules /Regulations • Criteria for Promotion • Schemes launched for Competitive Examinations 	1200
16	29/11/22	Classes XI –XII	CTs under the guidance of Mrs. Usha Vani	<ul style="list-style-type: none"> • Career Education 	750
18	25.01.23	Classes IX and XI	Principal sir	<ul style="list-style-type: none"> • Guidelines related to exam preparation • Criteria for promotion 	850











10th October, 2022

SPECIAL EVENTS ON 11.10.2022 (TUESDAY)

Event	Venue	Classes	Time	Responsibility
Special Counselling Programme for Girls	Auditorium	Girls of Classes IX & X	7.20 AM to 8.05 AM	BPN, MTR (Health & Wellness Club)
Counselling session by District Cyber Cell		Classes XI & XII	11.40 AM to 12.40 PM	SM, CTs, STs

NOTE-

- The students must be instructed to carry a notebook and pen whenever they come to the auditorium.
- Sports Teachers, CTs & STs to inform and escort the students to the auditorium accordingly.
- Teachers free during these periods, must be in the auditorium with the students.
- Last-minute changes, if any, will be intimated in due course.

OPJS-Raigarh





II.B Programme for teachers /staff

Sessions were also conducted to facilitate the teachers in teaching , training and counselling students .Similarly, our **support staff** was also counselled and guided by Principal /Head of Administration /School Doctor and Nurses.





The table 4 presented below provides comprehensive report of survey/guidance programme for teachers/staff during the academic year 2022-23

Sl. No	Programme /Activity	Conducted by	Target Group	Date	No. of attendees
01.	Training : Code of conduct and work related guidelines	Principal /Head Administration	Support Staff	On a monthly basis	100
02.	Training :Identification of markers for developmental deficits and importance of early intervention	Trainee counsellor under the guidance of School Counsellor	Teachers PPW	16/07/22	40
03.	Training : Conducting the class based session and hand wash activity	Counsellor Teacher PW under the guidance of School Counsellor	Teachers PW	21/11/22	50
04.	Training : Conducting the session on Safe and Unsafe Touch	Sr. Mistress and Counsellor	Teachers PPW	07/12/22	40

III. CAREER GUIDANCE

III. A Career Counselling Session

During this academic year, **career guidance** session was conducted specially by our **Principal sir** for students in senior school. They were informed about the courses offered & **career options** in Science, Commerce & Humanities, their **eligibility criteria**, top **institutes and universities**, **scholarships** and national level **entrance examinations**.

Several **informative sessions** have also been conducted in **Middle and Senior Wing** under the **guidance of Career Coaches** (Mrs. Usha Vani and Mr. Sukant Roy) through the class teachers **External agencies** have also been **invited** by the school authorities for conducting **career education workshop** for students. In addition to that, **Career Coaches** have also **counselled** **nearly 500 students** of nearby schools in small groups / one to one basis .

Table 5: represents the details of the career guidance programmes conducted during academic session 2022-23

Sl. No.	Date	Target Group	Conducted by	Topic	Participants
01.	05/04/22	Classes IX X & XII	Principal Sir	Career Education & Guidance	1280
02.	12 /07/22	Classes IX and X	Class Teachers under the guidance of Mrs. Usha Vani (Career Counsellor)	Career Guidance	860
03.	20/07/22	Classes IX and X	Principal sir	Academic Skill Development Career Planning	860
05.	10.08.22	Classes XI and XII PCM Group	Principal sir	Career Options and stream based entrance examinations	276
06.	12/08/22	Classes XI and XII Commerce and Humanities Group	Principal sir	Career Options and stream based entrance examinations	330
07.	13/08/22	Classes XI and XII PCM/B Group	Principal sir	Career Options and stream based entrance examinations	480
08.	23/08/22	Classes VI and VIII	Science Teachers under the guidance of Mr. Sukant Roy (Career Coach)	<ul style="list-style-type: none"> Careers in Engineering 	1410
09.	15/10/22	Classes IX-XII	External Resource Persons	<ul style="list-style-type: none"> Career Guidance 	1670
10.	29/11/22	Classes VI-VIII	CTs under the guidance of Mr.Sukant Roy	<ul style="list-style-type: none"> Career Education 	1395
11.	29/11/22	Classes XI –XII	CTs under the guidance of Mrs.Usha Vani	<ul style="list-style-type: none"> Career Education 	1395



IV. Initiatives by Anti Harassment Committee



O. P. JINDAL SCHOOL, RAIGARH (CG), INDIA
Phone: 07762 - 227042, 299255, website: <https://www.opjsrgh.in>; e-mail : opjs.raigarh@jindalsteel.com



Your school has a Committee



Mrs. Archana Trivedi
External Member



Mrs. Leena Chacko
Vice Principal



Mr. S. Debnath
Head Administration



Mrs. Bhabani Nande
Sr. Mistress



Mrs. Sadhana Singh
Sr. Mistress



Mrs. Preeti Kalita Acharya
Coordinator (PW)



Mrs. Shilpa Dixit
Sr. Mistress (PPW)



Dr. Monika Tripathi
School Doctor



Mrs. Sujata Banerjee
Counselor

The Anti Harassment Committee of our school headed by our Vice Principal Mrs/ Leena Chacko have organized programmes at varied levels to generate awareness and prevent all forms of harassment at the institution .

Awareness Programmes

Awareness sessions were conducted by the school authorities (Principal /Vice Principal/ Sr. Mistresses /Wing In-charges) during the regular assemblies to sensitize students about role and functioning of Anti Harassment Committee. Special sessions were also conducted by the school doctor and counsellor to sensitize students about safe and unsafe touch .

Online Survey

An online survey also conducted specially for the **teachers and administrative staff** with the aim of **assessing whether they have faced any form of harassment at workplace .On the basis findings** , the support services were provided as per requirement .



V. SUPPORTING CHILDREN WITH SPECIAL NEEDS

Our school management strongly embraces the idea that diversity is the reality and therefore each child is a unique learner. The entire team of **administrative, teaching and non teaching staff** at O. P. Jindal School whole heartedly **support Children with Special Needs (CWSN)**. The following **initiatives** have been taken during the academic session 2021-22.

- **Updating** the new **Class Teachers** through email /phone about **Children with Special Needs (CWSN)** studying in their class.
- **Counselling parents** of differently abled children on a one to one basis by the Special Educator/Counsellor /School Doctor and respective Class Teachers.
- **Assisting** the parents of CWSN about **managing, training and guiding** their child during online schooling.
- **Interaction** with **academic coordinators** to facilitate the teaching-learning of special children.
- Providing need based additional academic resources through OPJS **Special Care WhatsApp Group** for the differently abled and their parents .
- Providing **need based specialized guidance** classes by the Special Educator to support the overall development of CWSN.

Table 6 A: represents number of students with serious health problems /Differently Abled students during the academic session 21-22

CHILDREN WITH SPECIAL NEEDS					
Number of children with special needs / serious health problems	Pre-Primary Wing	Primary Wing	Middle Wing	Senior Wing	TOTAL
	16	14	43	30	103

Table 6B represents the CWSN who are provided with special educational support

CHILDREN SEEKING SPECIAL EDUCATION				
Pre-Primary Wing	Primary Wing	Middle Wing	Senior Wing	TOTAL
08	08	10	02	28

Subject	Worksheets	YouTube Videos	Workshop Links	TOTAL
English	34	13	10	165
Mathematics	20			
Science	24			
Art	43			
Hindi	21			



V . HEALTH EDUCATION AND AWARENESS

For students and parents

Circulars /E. Posters were shared and health sessions were conducted to generate awareness among the students /parents/teachers addressing a broad spectrum of health related issues including **hygiene education, exercise, nutritional guidance, lifestyle advice** etc. In this manner, our students, parental community as well as staff members were encouraged to adopt good health practices that helped them to stay safe & disease free during this pandemic.

International Day of Persons with Disability 2022

O. P. JINDAL SCHOOL, RAIGARH (CG) 496 001, INDIA
Phone: 97702 27543, 984055, 987 1741 No. 49601, B&BID, website: <https://www.opjsr.org/> e-mail: opjsr@opjsr.org

"International Day of Persons with Disabilities, 2022"
Health and Wellness Activity for Classes II-XI

Dear Class Teachers, (II-XI)
Inclusion of differently abled persons is the prerequisite condition for attainment of sustainable development in the society. **International Day of Persons with Disabilities (IDPD)** is a UN day observed on **3rd December** every year to promote empathic attitude and generate awareness about the rights as well as well-being of differently abled persons.
Our school is going to observe the day (**3rd December 2022**) through a **"Classroom Notice Board Display Activity"** for the purpose.

Instructions related to the conduct of the activity

- Class Teachers must consider this activity as a whole class project. They must inform students tomorrow positively, and ensure maximum participation in the activity.
- Students have to develop contents (like posters, write-ups, poems, drawing, painting, a pic etc.) related to the theme of the day and bring them to their class for display.
- The nature of contents must promote the attitude of being respectful, empathic and supportive towards differently abled persons.
- CTs must review the contents being put up on the display board in their classroom on/before **3rd December 2022 (Saturday)**

Note: The classroom display boards will be observed by the school "Health and Wellness Team". **BEST CLASSROOM BOARDS WILL BE AWARDED.** CTs should personally take interest and encourage the students for this activity.

OPJS-Raigarh







World Heart Day 2022





WORLD 17 MAY HYPERTENSION DAY

The WHD was first inaugurated in May 2005 and initiated by The World Hypertension League (WHL).

The day is celebrated to promote the public awareness of the importance of **monitoring blood pressure** with being aware of its natural levels.

High blood pressure, also known as **hypertension**, is defined as a systolic blood pressure equal to or above **160 mm Hg** and/or diastolic blood pressure equal to or above **90 mm Hg**.

Worldwide, 1 in 3 adults has high blood pressure—a condition that leads to heart attack and stroke.

Everyone can take **five concrete steps** to help prevent high blood pressure:

- Healthy diet**
- Physical activity**
- Avoid tobacco**
- Avoiding harmful use of alcohol**
- Managing stress in healthy ways**

Complications of Hypertension

A 6-step Process For Assessing A Blood Pressure Management Plan

- 1**
Obtain a high-quality home blood pressure monitor
- 2**
Check blood pressure everyday or every alternate day
- 3**
Make an up-to-date list of all current medications and take them on time regularly
- 4**
Make the required lifestyle changes
- 5**
Make an appointment with your doctor
- 6**
Plan to follow-up on any changes to the plan

R & D WING. OPJS

Notice (De-worming Programme 2023)

Ministry of Health and Family Welfare, Government of India has launched the **National De-worming Programme** as part of the **National Health Mission**. The objective of this programme is to de-worm children from 1 to 19 years and improve their growth as well as well-being. Eventually it has emerged as one of the world's largest public health campaign preventing children from **intestinal parasitic worms**. Our school actively participates in this noble initiative taken up the government.

This programme will start this year from **10th February** (National De-worming Day) and **IDA (Ivermectin+DEC+Albendazole)** will be administered to our students at school. **Please discuss with your family doctor if your ward is suffering from any serious ailment and inform the same to the class teacher.**

Note.:

1. Send proper food in the Tiffin box of your ward on the day of **De-worming** program as per the following schedule.

Classes Nur, KG, I, II and X	10-02-2023
Classes III, IV, V, VI, VII, VIII, IX, XI, XII	11-02-2023

2. Students must bring their School diary.
3. After Exam students will stay extra time in the school to take these medicines after having their meals.
4. Buses will ply accordingly.

OPJS-R

D. P. JINDAL SCHOOL, RAIGARH (CG) 496 001, INDIA

Page 33 of 37





VII. COMMUNITY BASED PROGRAMMES

The Health and Wellness Club in association with Jr. Red Cross Society organized a blood donation camp has been organized at OPJS Raigarh of our school from 2nd to 9th of March 2022. This initiative was taken up by our school with the support and cooperation of Jindal Blood Bank and Pathology Department OPJHRC. Our members have donated 52 units of blood during this camp. After blood donation, the donors were kept under observation for half an hour. Fruits, juices and snacks were served. Every blood donor was also acknowledged with a certificate of appreciation.





Community Counselling Programme

CONCLUSION

The session 2021-22 remained extremely challenging .Several modifications have been made in order to accommodate the Counselling/Guidance Programmes in online mode of teaching – learning. Our Comprehensive Programme aimed to touch every possible aspect which can stimulate the learning process as well as foster a healthy learning environment during this online pandemic situation.

Sujata Banerjee
Counsellor

Usha Vani
Career Coach

Dr. Monika Tripathi
School Doctor

Kajali
Special Educator