

## **Physical Recreation**

The IAYP program at O.P. Jindal School subtly instils an understanding of environmental responsibility and sustainability and also promotes physical recreation. While the provided details highlight community service, the underlying principles of the Award often encourage eco-conscious practices and physical recreation. The adventure camps and cloth distribution activity, for instance, inherently promote the concept of recycling and reusing, thereby reducing waste and encouraging students to critically consider their environmental impact. This indirectly fosters an awareness of sustainable living and the importance of responsible consumption, aligning with broader environmental stewardship goals.

