

PT-2/HALF YEARLY EXAMINATION, 2022-23

PSYCHOLOGY

Time - 7:15 AM to 10:20 AM

Class - XII

M.M. : 70

Date – 07.09.2022 (Wednesday)

Name of the student _____ Section _____

General Instructions:

- The Question Paper contains 5 sections A, B, C, D and E.
- **Section A** has 33 Objective Type Questions (MCQ /other types) each carrying 1 mark. You are requested to answer them as directed.
- **Section B** contains **04 Subjective Questions** each carrying **2 marks**. Answer to these questions should not exceed 40 words.
- **Section C** contains **03 Subjective Questions** each carrying **3 marks**. Answer to these questions should not exceed 70 words.
- **Section D** contains **02 Subjective Questions** each carrying **4 marks**. Answer to these questions should not exceed 120 words.
- **Section E** contains **02 Subjective Questions** each carrying **6 marks**. Answer to these questions should not exceed 250 words.
- **Internal Choice** has been provided in section B, C and D.

SECTION - A

Question 1- 21 is in MCQ pattern .You have to answer by selecting the correct option .

- Q1. Which psychological attribute is manifested when an individual works for seeking novel solutions to a problem /invention / composition of poems /painting /bringing innovation in law/ breakthrough in preventing a disease etc.
- a) Intelligence b) Aptitude c) Attitude d) Creativity
- Q2. Tanisha works at night in a call center, travels amidst heavy traffic to reach her work place and sleeps during the daytime. The source of her stress falls under which category?
- a) Hassles b) Traumatic event c) Life event d) None of these
- Q3. Latika over thinks and worries about achieving her goals. Identify the type of stress that she generates for herself in her mind.
- a) Environmental Stress b) Physical Stress c) Psychological Stress d) Social Stress
- Q4. Sheetal went to a career counsellor along with her parents to seek professional career guidance. She was advised to take an aptitude test .In which form aptitude tests are available?
- a) Three forms: independent, specialized and multiple aptitude tests
- b) Two forms: multitude and generalized aptitude tests
- c) Two forms independent and specialized aptitude tests
- d) Two forms: independent and multiple aptitude tests

- Q5. Under stress, Dilip experiences poor concentration, memory problem which also affects his decision making ability causing problems at home and workplace. Which effect of stress is manifested in his case?
- a. Physiological b. Behavioural c. Cognitive d. Emotional
- Q6. Alka's school and career based records indicates that she has exceptional general ability which also gets reflected through her superior performance in a wide variety of domains (personal /academic /professional/social) in her life. What should be the correct attribute to describe Alka?
- a. Talented b. Intelligent c. Gifted d. Creative
- Q7. Ayesha focuses on her priorities, plans her work and schedules her time effectively. This is suggestive of which coping strategy?
- a. Emotion focused b. Avoidance oriented c. Task oriented d. None of these
- Q8. Joseph lags behind his peers in language and motor skills. He is trained in self-care as well as in simple social and communication skills. He also needs little supervision in everyday tasks. He is likely to be at which level of intellectual disability.
- a. Mild b. Moderate c. Severe d. Profound
- Q9. Which of the following statement/s is/are a part of the stress process, as explained by Lazarus' in his Cognitive Appraisal theory .
- i. An individual's response to a stressful situation largely depends upon the perceived events and how they are interpreted.
- ii. Regardless of the cause of the threat, the individual will respond with the same physiological pattern of reactions.
- iii. When we perceive an event as negative, we are likely to make a secondary appraisal.
- iv. Primary appraisal refers to the perception of a new or changing environment as positive, neutral or negative in its consequences.
- Choose the correct option:
- a. ii, iii, iv b. ii, iii c. i, iii, iv d. ii
- Q10 Prakhar is able to recall information accurately and derive general rules from the presented facts. According to Thurston, which primary abilities he possesses most?
- a. Memory and spatial relations
- b. Memory, spatial relations and anti-verbal comprehension
- c. Inductive reasoning and spatial relations
- d. Inductive reasoning and memory
- Q11 Which of the following statements is/are true about stress and the immune system?
- i. Stress can cause illness by impairing the workings of the immune system.
- ii. The immune system functions to guard the body against attackers, both from within and outside.
- iii. Increased levels of natural killer cell cytotoxicity have been found in people who are highly stressed.

- iv. Studies reveal that immune functioning is better in individuals who do not receive social support.

Choose the correct option:

- a. i b. ii, iii c. i, iii, iv d. i, ii

Q12 Abdul is a research scholar in the field of Psychology. On the basis of literature review, he realizes that intelligence tests are of several types. Which of the following is/are correct explanation/explanations about the type of intelligence tests ?

- i. On the basis of their administration procedure, they can be categorized as either culture-fair or cultural – biased.
- ii. They can also be classified as either verbal or performance tests on the basis of the nature of items used.
- iii. Depending upon the extent to which an intelligence test favours one culture over another, it can be judged as either individual or group tests.
- iv. Abdul can choose a test depending on the purpose of research. This can be an individual group, verbal, non-verbal or performance test.

- a. i, ii and iii b. iii c. iii and iv d. ii and iv

Q13 'The evidence related to hereditary influences on intelligence comes mainly from studies on twins and adopted children. 'Which among the given statements about the correlation between intelligence test scores of identical twins is/ are correct?

- i. higher when they are raised together than when they are raised apart.
- ii. greater than that for fraternal twins raised together.
- iii. lower than that of brothers and sisters reared together
- iv. the same whether they are reared together or apart.

- a. i and iii b. i and ii c. iii and iv d. None are correct

Q14 A teacher might assume that a well-behaved student is also bright and motivated before they have objectively evaluated the student's capacity in these areas. Identify the phenomenon.

- a. Middle Category Bias b. Social Desirability
- c. Halo effect d. Extreme Response Bias

Q15 Mr. Bose was seeking professional help from a Clinical Psychologist. In seeking solutions to resolve his psychological issues ,he was advised to take MMPI .Which among the given options can be diagnosed by the Minnesota Multiphase Personality Inventory?

- i. Neuroticism, Psychoticism ii. Sociability, PTSD
- iii. Psychasthenia, Schizophrenia iv. Paranoia, Depression

Choose the correct option

- a. i, iii b. i ,ii c. iii, iv d. ii, iv

Q16 Which statement/s is/are TRUE about people who are low in self-efficacy.

- i. They feel less fearful and do not shy away from taking risks.
- ii. They avoid challenges and allow people to select and shape their environment.
- iii. They believe that luck and fate control their life's outcome.

iv. Their patents can enhance their self efficacy by presenting weak role models.

Choose the correct option

a. i, iv

b. ii, iv

c. iii, iv

d. ii, iii

For the Questions (17-20) two statements are given in the question below as Assertion (A) and Reasoning (R). Read the statements and choose the appropriate option

Q17 Assertion (A) : Individuals high on neuroticism dimension have control over their feelings.

Reason (R) : Individuals high on neuroticism dimension are anxious, moody, touchy, restless and are quick to lose control.

Options:

a. Both A and R are true, and R is the correct explanation of A

b. Both A and R are true, but R is not the correct explanation of A

c. A is true, R is false

d. A is false, R is true

Q18 Assertion (A): There may be many people who are academically talented but are unsuccessful in their own lives. They experience problems family/workplace /inter-personal relationships.

Reason(R): Psychologists believe that the source of their difficulty is lack of emotional intelligence.

Options:

a. Both A and R are true, and R is the correct explanation of A

b. Both A and R are true, but R is not the correct explanation of A

c. A is true, R is false

d. A is false, R is true

Q19 Assertion (A): A person who has strong aggressive tendencies may see other people as being excessively aggressive towards him/her.

Reason (R): People adopt an ego defense mechanism called reaction formation in which they attribute their own traits to others.

Options:

a. Both A and R are true, and R is the correct explanation of A

b. Both A and R are true, but R is not the correct explanation of A

c. A is true, R is false

d. A is false, R is true

Q20 Assertion (A): Behavioral ratings suffer from a major limitation called acquiescence.

Reason (R): In case of behavioural ratings , raters have a tendency to place individuals in the middle of a scale by avoiding extreme positions which leads to biased/ faulty results

Options:

a. Both A and R are true, and R is the correct explanation of A

b. Both A and R are true, but R is not the correct explanation of A

c. A is true, R is false

d. A is false, R is true

Refer to the picture given below and solve the question that follows



Q21 Which of the following is NOT a characteristic of this test?

- a. It reveals the unconscious mind.
- b. It can be conducted only on an individual basis.
- c. Its interpretation is objective.
- d. The stimuli are unstructured.

Answer the questions (Q 22–Q 26) by filling up the blanks.

Q22 Enduring beliefs about the ideal mode of behaviour is called _____

Q23 Learning to delay / defer the gratification of needs is called _____

Q24 Individual's underlying potential for acquiring skills is known as _____

Q25 _____ refers to the characteristics in which one individual differs from another in a relatively permanent and consistent way.

Answer the following questions (26-28) in one word.

Q26 According to Typological Approach, which type of personality is more prone to develop depression?

Q27 In which method of assessment a person provides factual information about himself/herself /opinions / beliefs that he holds .

Q28 Name the condition which involves experiencing the feeling of excessive tension / uneasiness before , during or after an examination .

Answer the following questions (Q29 and Q 30) by indicating True /False.

Q29 At any stage of psycho-sexual development, when a person's resolution of problem/conflict is less than adequate , it demonstrates regression (True/ False)

Q30 The speed with which one accomplishes a task refers to his/ her intellectual capacity.
(True /False)

Answer the following questions (Q31-Q33) in one sentence.

Q31. Briefly define the term 'interest'?

Q32. Define the term 'free association'?

Q33. Define the term Eustress in brief?

SECTION - B

- Q34 Explain in brief the psychometric approach for understanding intelligence. Name two theories based upon this approach?
- Q35. Explain Naturalistic Intelligence?
- Q36. State the two basic assumptions about human behaviour as theorized by Carl Rogers?

OR

Explain the terms 'Collective Unconscious' and 'Archetypes'?

- Q37 What do you mean by the term 'burnout'?

OR

Define the term 'frustration'?

SECTION - C

- Q38. Explain the three strategies for coping with stress suggested by Endler and Parker along with examples?

OR

What is GAS? How does it explain our body's response to stress?

- Q39 Enumerate any three Psychological Techniques of Self Control?
- Q40 Explain how the PASS Model helps us to understand intelligence?

SECTION - D

- Q41 What is Emotional Intelligence? Discuss the characteristics of Emotionally Intelligent Person?
- Q42 What are Defense Mechanisms? Explain the terms 'Projection' 'Reaction Formation' and 'Rationalization' with appropriate examples?

OR

State the characteristics of Type A Type B Type C and Type D Personality?

SECTION-E

'A person's behaviour in a variety of situations can provide us with meaningful information about his /her personality'.

- Q43. Identify the method of personality assessment described above? Explain in brief about the techniques used for collecting and analyzing data in this method?

Ashok (a thirteen year old boy) was referred to a clinical psychologist with the concerns like extreme difficulty in academics, delayed developmental milestones, inadequate social /emotional skills etc. Psychometric assessment revealed that his IQ is 75.

- Q44 Define IQ? What does the IQ score of 75 indicate about the child (Ashok)? Discuss some misuses of Intelligence Tests?

